

LA FONTANA BREAKFAST BUFFET MENU ROTATION

COLD SECTION								
BUFFET	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Fresh Cut Fruit	Watermelon	Watermelon	Watermelon	Watermelon	Watermelon	Watermelon	Watermelon	
	Mango	Pineapple	Cantaloupe Melon	Dragon Fruit	Kiwi	Grapes	Papaya	
	Sweet Melon	Rock Melon	Sweet Melon	Sweet Melon	Sweet Melon	Rock Melon	Sweet Melon	
	Orange	Orange	Orange	Orange	Orange	Orange	Orange	
	Grapefruit	Grapefruit	Grapefruit	Grapefruit	Grapefruit	Grapefruit	Grapefruit	
Compote Fruit	Pineapple	Red Apple	Pineapple	Green Apple	Pineapple	Red Apple	Pineapple	
	Jackfruit	Jackfruit	Jackfruit	Jackfruit	Jackfruit	Jackfruit	Jackfruit	
	Peaches	Apricot	Peaches	Peaches	Peaches	Peaches	Peaches	
	Pear	Lychee	Pear	Lychee	Pear	Lychee	Pear	
	Prunes	Prunes	Prunes	Prunes	Prunes	Prunes	Prunes	
Stewed Fruits	Apricot	Apricot	Apricot	Apricot	Apricot	Apricot	Apricot	
	Fig	Fig	Fig	Fig	Fig	Fig	Fig	
	Whole Fruit Display	Whole Fruit Display	Whole Fruit Display	Whole Fruit Display	Whole Fruit Display	Whole Fruit Display	Whole Fruit Display	
	Banana	Banana	Banana	Banana	Banana	Banana	Banana	
	Red Apple	Red Apple	Red Apple	Red Apple	Red Apple	Red Apple	Red Apple	
Whole Fruit	Green Apple	Green Apple	Green Apple	Green Apple	Green Apple	Green Apple	Green Apple	
	Plum	Plum	Plum	Plum	Plum	Plum	Plum	
	Grapefruit	Grapefruit	Grapefruit	Grapefruit	Grapefruit	Grapefruit	Grapefruit	
	Fruit of the Month	Fruit of the Month	Fruit of the Month	Fruit of the Month	Fruit of the Month	Fruit of the Month	Fruit of the Month	
Yoghurt & Muesli Section	Greek Yoghurt Bowl	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	
	Bircher Muesli Bowl	Bircher Muesli Bowl	Bircher Muesli Bowl	Bircher Muesli Bowl	Bircher Muesli Bowl	Bircher Muesli Bowl	Bircher Muesli Bowl	
	Nuts Muesli Bowl	Banana Muesli Bowl	Banana Muesli Bowl	Banana Muesli Bowl	Banana Muesli Bowl	Banana Muesli Bowl	Banana Muesli Bowl	
	Individual Chia Seeds Muesli	Individual Cranberry Muesli	Individual Chia Seeds Muesli	Individual Pomegranate Muesli	Individual Chia Seeds Muesli	Individual Rasin Muesli	Individual Chia Seeds Muesli	
	Strawberry Sauce	Strawberry Sauce	Strawberry Sauce	Strawberry Sauce	Strawberry Sauce	Strawberry Sauce	Strawberry Sauce	
	Fruit Sauce of the Day	Fruit Sauce of the Day	Fruit Sauce of the Day	Fruit Sauce of the Day	Fruit Sauce of the Day	Fruit Sauce of the Day	Fruit Sauce of the Day	
	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	Sunflower Seeds	
	Pumpkin Seeds	Pumpkin Seeds	Pumpkin Seeds	Pumpkin Seeds	Pumpkin Seeds	Pumpkin Seeds	Pumpkin Seeds	
	Plain Full Cream 170gr.	Plain Full Cream 170gr.	Plain Full Cream 170gr.	Plain Full Cream 170gr.	Plain Full Cream 170gr.	Plain Full Cream 170gr.	Plain Full Cream 170gr.	
	Plain Full Cream 100gr.	Plain Full Cream 100gr.	Plain Full Cream 100gr.	Plain Full Cream 100gr.	Plain Full Cream 100gr.	Plain Full Cream 100gr.	Plain Full Cream 100gr.	
	Fruit Strawberry	Fruit Strawberry	Fruit Strawberry	Fruit Strawberry	Fruit Strawberry	Fruit Strawberry	Fruit Strawberry	
	Fruit Apricot	Fruit Apricot	Fruit Apricot	Fruit Apricot	Fruit Apricot	Fruit Apricot	Fruit Apricot	
	Fruit Mixed Berry	Fruit Mixed Berry	Fruit Mixed Berry	Fruit Mixed Berry	Fruit Mixed Berry	Fruit Mixed Berry	Fruit Mixed Berry	
Salad Bar	Lollo rosso	Lollo rosso	Lollo rosso	Lollo rosso	Lollo rosso	Lollo rosso	Lollo rosso	
	Frisee	Frisee	Frisee	Frisee	Frisee	Frisee	Frisee	
	Romaine	Oak leaf Lettuce	Oak leaf Lettuce	Oak leaf Lettuce	Oak leaf Lettuce	Oak leaf Lettuce	Oak leaf Lettuce	
	Lollo Biondo	Baby Spinach	Lollo Biondo	Baby Spinach	Lollo Biondo	Baby Spinach	Lollo Biondo	
	Radicchio	Radicchio	Radicchio	Radicchio	Radicchio	Radicchio	Radicchio	
	Iceberg	Iceberg	Iceberg	Iceberg	Iceberg	Iceberg	Iceberg	
	Tomato	Tomato	Tomato	Tomato	Tomato	Tomato	Tomato	
	White Cabbage	Carrot Julienne	Red Cabbage	White Radish	White Cabbage	Carrot Julienne	Red Cabbage	
	Cucumber	Cucumber	Cucumber	Cucumber	Cucumber	Cucumber	Cucumber	
	Balsamic Dressing	Balsamic Dressing	Balsamic Dressing	Balsamic Dressing	Balsamic Dressing	Balsamic Dressing	Balsamic Dressing	
Dressings	Cocktail Sauce	Cocktail Sauce	Cocktail Sauce	Cocktail Sauce	Cocktail Sauce	Cocktail Sauce	Cocktail Sauce	
	Ranch Dressing	French Dressing	Ranch Dressing	French Dressing	Ranch Dressing	French Dressing	Ranch Dressing	
	Vinaigrette	Vinaigrette	Vinaigrette	Vinaigrette	Vinaigrette	Vinaigrette	Vinaigrette	
	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	Mayonnaise	
	3 Kind Flavoured Olive Oil	3 Kind Flavoured Olive Oil	3 Kind Flavoured Olive Oil	3 Kind Flavoured Olive Oil	3 Kind Flavoured Olive Oil	3 Kind Flavoured Olive Oil	3 Kind Flavoured Olive Oil	
	Plain Olive Oil, Balsamic Vinegar	Plain Olive Oil, Balsamic Vinegar	Plain Olive Oil, Balsamic Vinegar	Plain Olive Oil, Balsamic Vinegar	Plain Olive Oil, Balsamic Vinegar	Plain Olive Oil, Balsamic Vinegar	Plain Olive Oil, Balsamic Vinegar	
	Cold Cuts & Meats	Beef Mortadella	Beef Mortadella	Beef Mortadella	Beef Mortadella	Beef Mortadella	Beef Mortadella	Beef Mortadella
		Chicken with Capsicum	Chicken with Mushroom	Chicken with Capsicum	Chicken with Mushroom	Chicken with Capsicum	Chicken with Mushroom	Chicken with Capsicum
		Turkey Ham	Smoked Chicken	Roast Beef	Turkey Ham	Smoked Chicken	Roast Beef	Turkey Ham
Plain Chicken Mortadella		Chicken with Parsley	Plain Chicken Mortadella	Chicken with Parsley	Plain Chicken Mortadella	Chicken with Parsley	Plain Chicken Mortadella	
Smoked Salmon		Smoked Mackerel	Marinated Herring	Smoked Trout	Tuna	Peppered Mackerel	Marinated Herring	
Cheeses	Russian Cheese	Russian Cheese	Russian Cheese	Russian Cheese	Russian Cheese	Russian Cheese	Russian Cheese	
	Yellow Cheddar	Yellow Cheddar	Yellow Cheddar	Yellow Cheddar	Yellow Cheddar	Yellow Cheddar	Yellow Cheddar	
	Emmenthal	Gouda	Edam	Emmenthal	Gouda	Edam	Emmenthal	
	Blue Cheese	Brie	Cottage Cheese	Brie	Blue Cheese	Cottage Cheese	Blue Cheese	
	Kiri	Kiri	Kiri	Kiri	Kiri	Kiri	Kiri	
Pickles & Preserves	Capers	Capers	Capers	Capers	Capers	Capers	Capers	
	Gherkins	Gherkins	Gherkins	Gherkins	Gherkins	Gherkins	Gherkins	
	Sun dry tomatoes	Silver Onions	Sun dry tomatoes	Silver Onions	Sun dry tomatoes	Silver Onions	Sun dry tomatoes	

Flavored Butter	3 Kinds	3 Kinds	3 Kinds	3 Kinds	3 Kinds	3 Kinds	3 Kinds
Arabic Mezza	Magdous	Magdous	Magdous	Magdous	Magdous	Magdous	Magdous
	Mouhamara	Potato Harra	Babaghanoush	Moutabal	Mouhamara	Potato Harra	Babaghanoush
	Humus	Humus	Humus	Humus	Humus	Humus	Humus
	Labneh	Labneh	Labneh	Labneh	Labneh	Labneh	Labneh
	Arabic Crudite` Platter	Arabic Crudite` Platter	Arabic Crudite` Platter	Arabic Crudite` Platter	Arabic Crudite` Platter	Arabic Crudite` Platter	Arabic Crudite` Platter
Arabic Cheeses	Oriental Salad	Jarjeer Salad	Fatoush	Oriental Salad	Jarjeer Salad	Fatoush	Oriental Salad
	Shelal	Shelal	Shelal	Shelal	Shelal	Shelal	Shelal
	Shanklish	Shanklish	Shanklish	Shanklish	Shanklish	Shanklish	Shanklish
	Feta	Feta	Feta	Feta	Feta	Feta	Feta
	Baladi	Bulgari	Baladi	Bulgari	Baladi	Bulgari	Baladi
Condiments	4 Kinds Labneh Balls	4 Kinds Labneh Balls	4 Kinds Labneh Balls	4 Kinds Labneh Balls	4 Kinds Labneh Balls	4 Kinds Labneh Balls	4 Kinds Labneh Balls
	Mixed Pickles	Mixed Pickles	Mixed Pickles	Mixed Pickles	Mixed Pickles	Mixed Pickles	Mixed Pickles
	Marinated Green & Black Olives	Marinated Green & Black Olives	Marinated Green & Black Olives	Marinated Green & Black Olives	Marinated Green & Black Olives	Marinated Green & Black Olives	Marinated Green & Black Olives
Arabic Jam	Quince Jam	Quince Jam	Quince Jam	Quince Jam	Quince Jam	Quince Jam	Quince Jam
	Rose Jam	Rose Jam	Rose Jam	Rose Jam	Rose Jam	Rose Jam	Rose Jam
	Dibbs Date Paste	Dibbs Date Paste	Dibbs Date Paste	Dibbs Date Paste	Dibbs Date Paste	Dibbs Date Paste	Dibbs Date Paste
Halawa	Halawa Chocolate	Halawa Plain	Halawa Pistachio	Halawa Chocolate	Halawa Plain	Halawa Pistachio	Halawa Chocolate
Cereals	6 Kinds Dry Cereals	6 Kinds Dry Cereals	6 Kinds Dry Cereals	6 Kinds Dry Cereals	6 Kinds Dry Cereals	6 Kinds Dry Cereals	6 Kinds Dry Cereals
Nuts	Walnuts	Walnuts	Walnuts	Walnuts	Walnuts	Walnuts	Walnuts
	Hazelnuts	Hazelnuts	Hazelnuts	Hazelnuts	Hazelnuts	Hazelnuts	Hazelnuts
	Almonds	Almonds	Almonds	Almonds	Almonds	Almonds	Almonds
	Pistachios	Pistachios	Pistachios	Pistachios	Pistachios	Pistachios	Pistachios
Dried Fruits	Rasins	Rasins	Rasins	Rasins	Rasins	Rasins	Rasins
	Dried Apricots	Dried Apricots	Dried Apricots	Dried Apricots	Dried Apricots	Dried Apricots	Dried Apricots
	Dates	Dates	Dates	Dates	Dates	Dates	Dates
	Prunes	Pineapple	Figs	Strawberry	Prunes	Pineapple	Kiwi
Jams & Spreads	Strawberry	Strawberry	Strawberry	Strawberry	Strawberry	Strawberry	Strawberry
	Apricot	Apricot	Apricot	Apricot	Apricot	Apricot	Apricot
	Berry	Berry	Berry	Berry	Berry	Berry	Berry
	Orange	Orange	Orange	Orange	Orange	Orange	Orange
	Chocolate Spread	Chocolate Spread	Chocolate Spread	Chocolate Spread	Chocolate Spread	Chocolate Spread	Chocolate Spread
	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter
Infused Honey	2 Kind Infused Honey	2 Kind Infused Honey	2 Kind Infused Honey	2 Kind Infused Honey	2 Kind Infused Honey	2 Kind Infused Honey	
Portion	Strawberry	Strawberry	Strawberry	Strawberry	Strawberry	Strawberry	Strawberry
	Apricot	Apricot	Apricot	Apricot	Apricot	Apricot	Apricot
	Orange	Orange	Orange	Orange	Orange	Orange	Orange
	Honey	Honey	Honey	Honey	Honey	Honey	Honey
BAKERY							
Croissant	Butter Croissant	Butter Croissant	Butter Croissant	Butter Croissant	Butter Croissant	Butter Croissant	Butter Croissant
	Zataar Croissant	Zataar Croissant	Zataar Croissant	Zataar Croissant	Zataar Croissant	Zataar Croissant	Zataar Croissant
	Cheese Croissant	Cheese Croissant	Cheese Croissant	Cheese Croissant	Cheese Croissant	Cheese Croissant	Cheese Croissant
Danish Pastries	Pain Au Chocolat	Pain Au Chocolat	Pain Au Chocolat	Pain Au Chocolat	Pain Au Chocolat	Pain Au Chocolat	Pain Au Chocolat
	Blueberry Danish	Cherry Danish	Apple Danish	Pineapple Danish	Coconut Danish	Strawberry Danish	Custard Cinnamon Roll
	Rasin Danish	Pistachio Danish	Hazelnut Claw	Blueberry Twist	Pecan Roll	Almond Danish	Apricot Windmill
Doughnut Muffins	Chocolate	Cream Filled	Strawberry Berliner	Chocolate	Chocolate	Cream Filled	Caramel Filled
	Chocolate Muffin	Vanilla Muffin	Cherry Muffin	Spiced Fruit Muffin	Chocolate Muffin	Vanilla Muffin	Cherry Muffin
	Carrot Muffin	Blueberry Muffin	Red Velvet Muffin	Apple Muffin	Carrot Muffin	Blueberry Muffin	Red Velvet Muffin
Italian Chamblione & Cake Cookies	Vanilla Chamblione	Banana Cake	Apple Chamblione	Marble Cake	cinnamon Chamblione	English Cake	Orange Chamblione
	Assorted Cookie Jar	Assorted Cookie Jar	Assorted Cookie Jar	Assorted Cookie Jar	Assorted Cookie Jar	Assorted Cookie Jar	Assorted Cookie Jar
Rolls	Soft White Roll	Soft White Roll	Soft White Roll	Soft White Roll	Soft White Roll	Soft White Roll	Soft White Roll
	Brown Rye Roll	Brown Rye Roll	Brown Rye Roll	Brown Rye Roll	Brown Rye Roll	Brown Rye Roll	Brown Rye Roll
	Multi Grain Hard Roll	Multi Grain Hard Roll	Multi Grain Hard Roll	Multi Grain Hard Roll	Multi Grain Hard Roll	Multi Grain Hard Roll	Multi Grain Hard Roll
Mini Breads	Olive Ciabatta Square	Cheese Roll Mini Baguette	Spinach Twist	Oval Onion Roll	Herb Triangle Roll	Sundried Tomato Twist	Pretzel
French Baguettes	French Baguette	French Baguette	French Baguette	French Baguette	French Baguette	French Baguette	French Baguette
	Multi Cereal Baguette	Brown Baguette	Multi Cereal Baguette	Brown Baguette	Multi Cereal Baguette	Brown Baguette	Multi Cereal Baguette
Whole Loaf	White Country Loaf	White Country Loaf	White Country Loaf	White Country Loaf	White Country Loaf	White Country Loaf	White Country Loaf
	Brown Loaf	Brown Loaf	Brown Loaf	Brown Loaf	Brown Loaf	Brown Loaf	Brown Loaf
	Beetroof Walnut Loaf	Green Olive loaf	Mushroom Bread Loaf	Sesame Flat Loaf	Potato Bread Loaf	Corn Bread	Dark Protein Bread
Arabic Bread Toast	Crispy Bread Sticks	Crispy Bread Sticks	Crispy Bread Sticks	Crispy Bread Sticks	Crispy Bread Sticks	Crispy Bread Sticks	Crispy Bread Sticks
	Brown & White	Brown & White	Brown & White	Brown & White	Brown & White	Brown & White	Brown & White
Special Brioche	Brown & White	Brown & White	Brown & White	Brown & White	Brown & White	Brown & White	Brown & White
	Chocolate	Banana	Custard	Raisin	Chocolate	Banana	Custard
HOT BUFFET							
Hot Buffet (Section 1.)	Beef Sausage	Chicken Sausage	Turkey Sausage	Chicken Sausage	Beef Sausage	Lamb Sausage	Veal Sausage
	Turkey Bacon	Veal Bacon	Turkey Bacon	Turkey Bacon	Turkey Bacon	Turkey Bacon	Turkey Bacon
	Grilled Tomato	Grilled Tomato with pesto	Grilled Tomato with Cheese	Grilled Tomato Cajun	Grilled Tomato Herbs	Grilled Tomato	Grilled Tomato Crispy
	Scrambled Eggs	Baked Eggs with Spinach	Curried Egg Fritata	Scrambled Eggs	Baked Eggs with vegetables	Scrambled Eggs	Smoked Egg Frittata

	Grilled Vegetables	Mushrooms	Asian Fried Noodles	Sauteed Vegetables	Vegetable Fried Rice	Mushrooms	Asian Fried Noodles
	Corned Beef Hash	Grilled Chicken Breast	BBQ Sausage Casserole	Mini Steaks with Herb Butter	Corn Beef Hash	Steamed Fish with Soy	Stir Fried Meat Balls with Oyster Sauce
Potato	Hash Browns	Croquettes	Home Style	Potato Wedges	Hash Browns	Croquettes	Home Style
	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Soup	Chicken Vegetable Broth	Cream of Tomato	Roast Carrot & Ginger	Pumpkin Soup	Lentil Soup	Broccoli Soup	Mushroom Soup
	Live Cooked Eggs/ Omelette of the Day	Live Cooked Eggs/ Omelette of the Day	Live Cooked Eggs/ Omelette of the Day	Live Cooked Eggs/ Omelette of the Day	Live Cooked Eggs/ Omelette of the Day	Live Cooked Eggs/ Omelette of the Day	Live Cooked Eggs/ Omelette of the Day
Live Station							
Pizza Oven	Assorted Manakish	Assorted Manakish	Assorted Manakish	Assorted Manakish	Assorted Manakish	Assorted Manakish	Assorted Manakish
HOT BUFFET							
Hot Buffet (Section 2.)	Porridge with Condiments	Porridge with Condiments	Porridge with Condiments	Porridge with Condiments	Porridge with Condiments	Porridge with Condiments	Porridge with Condiments
Indian	Upma	Vegetable Curry	Rajma Masala	Chana Masala	Upma	Vegetable Curry	Rajma Masala
	Idli	Egg Burji	Pav Bhaji	Tomato Jeera Rice	Idli	Egg Burji	Pav Bhaji
	Sambar	Vermicelli Upma	Dhal Palak	Paneer Mattar	Sambar	Vermicelli Upma	Dhal Palak
	Grilled Paratha	Grilled Paratha	Grilled Paratha	Grilled Paratha	Grilled Paratha	Grilled Paratha	Grilled Paratha
	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs	Hard Boiled Eggs
Russian	Beef Pelmeni	Potato & Mushroom Vareniki	Chicken Pelmeni	Beef Pelmeni	Potato & Mushroom Vareniki	Chicken Pelmeni	Beef Pelmeni
Hot Mezza	Flafel with Tahina	Samboussek	Fatayer	Kibbeh	Flafel with Tahina	Samboussek	Fatayer