

1971 Breakfast Rotation

MENUS	BREAKFAST 1	BREAKFAST 2	BREAKFAST 3
	2 kinds cold cut	2 kinds cold cut	2 kinds cold cut
	Salad bar (tomato ,cucumber ,local lettuce ,mix lettuce)	Salad bar (tomato ,cucumber ,local lettuce ,mix lettuce)	Salad bar (tomato ,cucumber ,local lettuce ,mix lettuce)
	Condiments (2 kind dressing, , olive oil)	Condiments (2 kind dressing,olive oil)	Condiments (2 kind dressing, , olive oil)
	Cheese platter (2 kinds Red Cheddar ,Gouda , grapes)	Cheese platter (2 kinds emmanthal,gouda , grapes)	Cheese platter (2 kinds Red Cheddar ,Gouda , grapes)
	Sliced fruits Rock melon , sweet melon ,Watermelon , pineapple ,	Sliced fruits slice orange ,Rock melon ,honey dew ,Watermelon	Sliced fruits ,honey dew , sweet melon ,Watermelon , pineapple
	Fruit salad	Fruit salad	Fruit salad
	Bircher Muesli	Bircher Muesli	Bircher Muesli
	Yoghurt (chocolate/mango)	Yoghurt (blue berry /mango)	Yoghurt (Strawberry /mango)
	plain yoghurt	plain yoghurt	plain yoghurt
	two kinds of compote in syrup	two kinds of compote in syrup	two kinds of compote in syrup
Oriental	Mixed olives,makdous	Mixed olives,makdous	Mixed olives, makdous
	Mixed pickle	Mixed pickle	Mixed pickle
	Labneh,	Labneh with Zattar	Labneh with mint
	feta , haloumi	feta , Kaskawel	feta , Akawi
	Tahina , zattar oil, zattar dry , cumin powder	Tahina , zattar oil, zattar dry , cumin powder	Tahina , zattar oil, zattar dry , cumin powder
CEREALS	jatkhodra	jatkhodra	jatkhodra
	,Rice Krispes, Chocos, corn flakes,	,Rice Krispes, Chocos, corn flakes,	,Rice Krispes, Chocos, corn flakes,
	Almond Flakes, apricot , figue	Almond Flakes, apricot , figue	Almond Flakes, apricot , figue
	strawberry jam , apricot jam ,Honey	nutella , Orange marmalade,Honey	Raspberry jam , apricot jam ,Honey
Full fat milk, low fat milk,	Full fat milk, low fat milk,	Full fat milk, low fat milk,	
MENUS	BREAKFAST 1	BREAKFAST 2	BREAKFAST 3
ALL DAY	Turkey Bacon & Cheese Chicken sausages	Turkey Bacon & Beef sausages	Turkey Bacon & Chicken sausages
	Grilled tomatoes	Grilled tomato with cheese	Grilled tomato with herbs
	Potato Wedges/steam vegetables	Hash brown potato /Grilled Vegetable	Potato Wedges/steam vegetables
	Baked beans	Baked beans	Baked beans
	Foul Medammas	Foul Medammas	Foul Medammas
	Frettata	Boiled Eggs	Boiled Eggs
	Zattar & cheese manakish & falafel ,cheese samboushek	manakish with tomato slices and onion& falafel ,spinach fatayer	Cheese manakish & falafel , cheese rakakat
	Fried Rice	Vermecelli Upma	stirfried noodles
	omelets (live)	omelets (live)	omelets (live)
	French toast (Chocolate sauce, Berry syrup, maple syrupAlmond Flakes ,raisins,Honey)	French toast (Chocolate sauce, Berry syrup, maple syrupAlmond Flakes ,raisins,Honey)	French toast (Chocolate sauce, Berry syrup, maple syrupAlmond Flakes ,raisins,Honey)
	Pancake	Pancake	Pancake
PASTRY/BAKERY	Assorted Croissant & Danish	Assorted Croissant & Danish	Assorted Croissant & Danish
	White slice bread	White slice bread	White slice bread
	Brown slice bread	Brown slice bread	Brown slice bread
	Arabic white bread	Arabic white bread	Arabic white bread
	Arabic brown bread	Arabic brown bread	Arabic brown bread
	Soft roll	Soft roll	Soft roll
	Hard roll	Hard roll	Hard roll
	Orange juice, pineapple juice , detox water	Orange juice, pineapple juice , detox water	Orange juice, pineapple juice , detox water
	Butter & Margarine	Butter & Margarine	Butter & Margarine
Still water	Still water	Still water	